## **Long Term Curriculum Coverage**

| Class      | Subject |
|------------|---------|
| Cherry KS1 | Nurture |



| Autumn 1 | Autumn 2 |
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## **Positivity and What Makes You Unique**

Book Focus – Incredible You by Rhys Bridenden & Nathan Reed

As returning to school after the summer break can be challenging, the children will be looking at the term 'Positivity' and concentrating on developing their own self esteem. They will discuss positive language to describe themselves, including their special qualities, think about the special people who support them and remember what objects, places and people make them feel happy.

The main focus for this half term is to ensure a successful transition back into school life and for the children to recognise that 'we are all unique'.

The children will be encouraged to participate in group games and challenges to develop social skills such as turn taking, teamwork and communication.

### **Belonging**

Story Focus – Home by Carson Ellis

Children will be looking at the story book 'Home'. When looking at this story the children will learning about belonging and talk about where they are from and where they belong. The children will talk about their homes, where they live, who they live with and how they feel at home. The children will also talk about the different communities they belong to for example, their schools, school clubs, sports clubs and friendship groups.

The children will be encouraged to participate in group games and challenges to develop social skills such as turn taking, teamwork and communication.

#### **Christmas**

Book Focus – A variety of Christmas stories.

In the lead up to Christmas, the children will read a fun Christmas story whilst taking part in hands-on, interactive activities to prepare us all for the festive season. They will focus on developing social skills through a variety of activities that requires them to work together as a team.

# Spring 1

#### **Feelings & Emotions**

Book Focus – Inside my heart and in my head... Feelings by Libby Walden

Children will be looking at the story book 'Inside my heart and in my head... Feelings' and exploring the different feelings and emotions that we all feel. We will discuss a number of feelings and emotions before thinking about what situations make us feel

# Spring 2 Anger

Story Focus – Fergal is Fuming by Robert
Starling

The children with read a story about a dragon whose anger starts to interfere with his happiness and friendships. His Mum teaches him various techniques until he discovers which ones work for him. This half term the children will discuss what

this week and how our body responds to these emotions.

The children will be encouraged to participate in group games and challenges to develop social skills such as turn taking, teamwork and communication.

anger is, how it makes their body feel, identify what situations make them feel angry and develop strategies to support them when they begin to feel angry.

The children will be encouraged to participate in group games and challenges to develop social skills such as turn taking, teamwork and communication.

#### Summer 1

## Worries

Book Focus – My Monster and Me by Nadiya Hussain

Children will be looking at the story book 'My Monster and Me'. This is a story about a little boy who has a worry monster. The monster follows him everywhere. The children will be exploring the theme of worry, will be given opportunities to talk about their own worries and develop their own strategies to cope with worry.

The children will be encouraged to participate in group games and challenges to develop social skills such as turn taking, teamwork and communication.

#### Summer 2

Kindness, Friendship and Transition

Book Focus – On Sudden Hill by Linda Sara

This half term we will be focusing on the themes of kindness, friendship and transition as we come to the end of the academic year. All of the children will experience some sort of transition or change; whether that be starting a new school/high school, moving to a new class or moving into a new year group.

The children will be given the opportunity to discuss what kindness is and how we can show kindness to others. They will take part in activities about friendship whilst showing an understanding of the story focus. There will be a number of opportunities to discuss any anxieties they may have about any upcoming changes and then be given support to develop strategies to help manage these transitions.

The children will be encouraged to participate in group games and challenges to develop social skills such as turn taking, teamwork and communication.