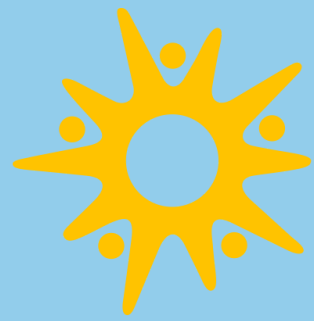




Week 1

ST HELENS FAMILY HUB SUMMER OFFER

**Monday 22nd July -
Saturday 31st August 2024**



Monday 22nd July	Tuesday 23rd July	Wednesday 24th July	Thursday 25th July	Friday 26th July	Saturday 27th July
<p>Healthy Child Clinic Newton Family Hub 10.00am - 12.00pm</p> <p>Read and Rhyme Haydock Library Newton Library 10.30am</p> <p>Read and Rhyme Chester Lane Library 11.00am</p> <p>Summer Crafty Cooks (with refreshments) Newton Family Hub 11.00am - 1.00pm</p>	<p>Breakfast Club Newton Family Hub 9.30am - 11.30am</p> <p>Sutton Family Hub: Healthy Child Clinic 9.30am - 11.30am Sensory Baby Group 10.00am - 11.00am St Helens Food Pantry 10.30am - 12.00pm</p> <p>Mini Chefs Central Link Family Hub 10.30am - 12.30pm</p> <p>Read and Rhyme Moss Bank Library 11.00am</p> <p>Summer Crafty Cooks (with refreshments) Parr Children's Centre 2.00pm - 4.00pm</p>	<p>Coffee/Tea Tots Sutton Family Hub 9.30am - 11.30am</p> <p>Summer Crafty Cooks (with refreshments) Newton Family Hub 10.00am - 12.00pm</p> <p>Read and Rhyme St Helens Library 10.15am</p> <p>Little Wizz Kids Parr Children's Centre 11.00am - 12.00pm</p> <p>Nurture Tiki Party (with refreshments) Newton Family Hub 1.00pm - 2.30pm</p> <p>Young Parent/Carer Group Parr Children's Centre 1.00pm - 3.00pm</p>	<p>Let's Get Ready for Nursery Sutton Family Hub 9.30am - 11.00am</p> <p>Fourways Children's Centre: Healthy Child Clinic 9.30am - 11.00am Sensory Baby Group 10.00am - 11.00am</p> <p>Read and Rhyme St Helens Library 10.15am Haydock Library 2.15pm</p> <p>Coffee/Tea Tots Parr Children's Centre 1.30pm - 2.30pm</p> <p>Sensory Baby Group Moss Bank Children's Centre 1.30pm - 2.30pm</p> <p>Family Cinema Evening Sutton Family Hub 5.30pm - 8.00pm</p>	<p>Healthy Child Clinic Parr Children's Centre 9.30am - 11.30am</p> <p>Read and Rhyme Moss Bank and Eccleston Library 10.30am Chester Lane and Thatto Heath Library 11.00am Newton Library 2.15pm</p> <p>Little Wizz Kids Newton Family Hub 11.30am - 12.30pm</p> <p>Summer Family Fun Day Sutton Family Hub 12.00pm - 2.00pm</p> <p>Story Makers Haydock Library 1.30pm - 2.30pm</p> <p>Little Wizz Kids Central Link Family Hub 3.30pm - 4.30pm</p>	<p>Parents In Mind Sutton Family Hub 9.00am - 12.00pm</p> <p>M.A.T.CH Group (0-11yrs) (Men And Their Children) Sutton Family Hub 10.00am - 12.30pm</p> <p>Change, Grow, Live drop in clinic (0-18yrs) 10.00am - 1.00pm Sutton Family Hub</p>





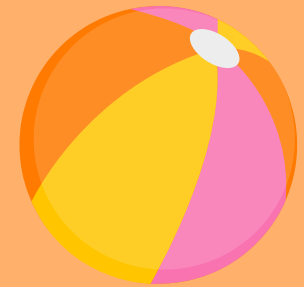
Week 2

ST HELENS FAMILY HUB SUMMER OFFER

**Monday 22nd July -
Saturday 31st August 2024**



Monday 29th July	Tuesday 30th July	Wednesday 31st July	Thursday 1st August	Friday 2nd August	Saturday 3rd August
<p>Healthy Child Clinic Newton Family Hub 10.00am - 12.00pm</p> <p>Read and Rhyme Haydock Library Newton Library 10.30am</p> <p>Read and Rhyme Chester Lane Library 11.00am</p> <p>Summer Crafty Cooks (with refreshments) Newton Family Hub 11.00am - 12.00pm</p>	<p>Breakfast Club Newton Family Hub 9.30am - 11.30am</p> <p>Healthy Child Clinic Sutton Family Hub 9.30am - 11.30am</p> <p>Sensory Baby Group Sutton Family Hub 10.00am - 11.00am</p> <p>St Helens Food Pantry Sutton Family Hub 10.30am - 12.00pm</p> <p>Mini Chefs Central Link Family Hub 10.30am - 12.30pm</p> <p>Read and Rhyme Moss Bank Library 11.00am</p>	<p>Coffee/Tea Tots Sutton Family Hub 9.30am - 11.30am</p> <p>Healthy Child Clinic (Appointment only) Moss Bank Children's Centre 9.30am - 11.30am</p> <p>Read and Rhyme St Helens Library 10.15am</p> <p>Little Wizz Kids Parr Children's Centre 11.00am - 12.00pm</p> <p>Young Parent/Carer Group Parr Children's Centre 1.00pm - 3.00pm</p> <p>Nurture Group Newton Family Hub 1.00pm - 2.30pm</p>	<p>Let's Get Ready for Nursery Sutton Family Hub 9.30am - 11.00am</p> <p>Fourways Children's Centre: Healthy Child Clinic 9.30am - 11.00am Sensory Baby Group 10.00am - 11.00am Silent Disco 5.30pm - 8.00pm</p> <p>Parenting/Emotional Well-Being Coffee Morning Central Link Family Hub 10.00am - 11.30am</p> <p>Read and Rhyme St Helens Library 10.15am Haydock Library 2.15pm</p> <p>Sensory Baby Group Moss Bank Children's Centre 1.30pm - 2.30pm</p> <p>Lego Construction Club Newton Family Hub 3.30pm - 5.00pm</p>	<p>Healthy Child Clinic Parr Children's Centre 9.30am - 11.30am</p> <p>Read and Rhyme Moss Bank and Eccleston Library 10.30am Chester Lane and Thatto Heath Library 11.00am Newton Library 2.15pm</p> <p>Little Wizz Kids Newton Family Hub 11.30am - 12.30pm</p> <p>Summer Family Fun Day Moss Bank Children's Centre 12.30pm - 2.30pm</p> <p>Story Makers Haydock Library 1.30pm - 2.30pm</p> <p>Little Wizz Kids Central Link Family Hub 3.30pm - 4.30pm</p>	<p>Saturday Club (VIBE) Invite only (8-18yrs) Sutton Family Hub 9.00am - 5.00pm</p> <p>Change, Grow, Live drop in clinic (0-18yrs) Sutton Family Hub 10.00am - 1.00pm</p>





Week 3

ST HELENS FAMILY HUB SUMMER OFFER

Monday 22nd July -
Saturday 31st August 2024



Monday 5th August	Tuesday 6th August	Wednesday 7th August	Thursday 8th August	Friday 9th August	Saturday 10th August
<p>Healthy Child Clinic Newton Family Hub 10.00am - 12.00pm</p> <p>Read and Rhyme Haydock Library Newton Library 10.30am</p> <p>Read and Rhyme Chester Lane Library 11.00am</p> <p>Summer Crafty Cooks (with refreshments) Newton Family Hub 11.00am - 12.00pm</p>	<p>Breakfast Club Newton Family Hub 9.30am - 11.30am</p> <p>Sutton Family Hub: Healthy Child Clinic 9.30am - 11.30am</p> <p>Sensory Baby Group 10.00am - 11.00am</p> <p>St Helens Food Pantry 10.30am - 12.00pm</p> <p>Mini Chefs Central Link Family Hub 10.30am - 12.30pm</p> <p>Read and Rhyme Moss Bank Library 11.00am</p> <p>Lego Construction Club Thatto Heath Children's Centre 3.30pm - 5.00pm</p>	<p>Coffee/Tea Tots Sutton Family Hub 9.30am - 11.30am</p> <p>Read and Rhyme St Helens Library 10.15am</p> <p>Summer Family Fun Day Central Link Family Hub 10.30am - 12:30pm</p> <p>Little Wizz Kids Parr Children's Centre 11.00am - 12.00pm</p> <p>Young Parent/Carer Group Parr Children's Centre 1.00pm - 3.00pm</p> <p>Nurture Group Newton Family Hub 1.00pm - 2.30pm</p>	<p>Let's Get Ready for Nursery Sutton Family Hub 9.30am - 11.00am</p> <p>Fourways Children's Centre: Healthy Child Clinic 9.30am - 11.00am</p> <p>Sensory Baby Group 10.00am - 11.00am</p> <p>Parenting Coffee Morning Newton Family Hub 10.00am - 11.30am</p> <p>Read and Rhyme St Helens Library 10.15am Haydock Library 2.15pm</p> <p>Coffee/Tea Tots Parr Children's Centre 1.30pm - 2.30pm</p> <p>Sensory Baby Group Moss Bank Children's Centre 1.30pm - 2.30pm</p> <p>Family Cinema Evening Sutton Family Hub 5.30pm - 8.00pm</p>	<p>Healthy Child Clinic Parr Children's Centre 9.30am - 11.30am</p> <p>Read and Rhyme Moss Bank Library Eccleston Library 10.30am</p> <p>Chester Lane Library Thatto Heath Library 11.00am</p> <p>Newton Library 2.15pm</p> <p>Little Wizz Kids Newton Family Hub 11.30am - 12.30pm</p> <p>Story Makers Haydock Library 1.30pm - 2.30pm</p> <p>Little Wizz Kids Central Link Family Hub 3.30pm - 4.30pm</p>	<p>M.A.T.CH Group (0-11yrs) (Men And Their Children) Sutton Family Hub 10.00am - 12.30pm</p> <p>Change, Grow, Live drop in clinic (0-18yrs) 10.00am - 1.00pm Sutton Family Hub</p>






Week 4

ST HELENS FAMILY HUB SUMMER OFFER

Monday 22nd July -
Saturday 31st August 2024



Monday 12th August	Tuesday 13th August	Wednesday 14th August	Thursday 15th August	Friday 16th August	Saturday 17th August
<p>Healthy Child Clinic Newton Family Hub 10.00am - 12.00pm</p> <p>Read and Rhyme Haydock Library Newton Library 10.30am Chester Lane Library 11.00am</p> <p>Summer Family Fun Day Thatto Heath Children's Centre 11.00am - 1.00pm</p> <p>Summer Crafty Cooks (with refreshments) Newton Family Hub 11.00am - 12.00pm</p>	<p>Breakfast Club Newton Family Hub 9.30am - 11.30am</p> <p>Sutton Family Hub: Healthy Child Clinic 9.30am - 11.30am Sensory Baby Group 10.00am - 11.00am St Helens Food Pantry 10.30am - 12.00pm</p> <p>Mini Chefs Central Link Family Hub 10.30am - 12.30pm</p> <p>Read and Rhyme Moss Bank Library 11.00am</p> <p>Lego Construction Club Fourways Children's Centre 3.30pm - 5.00pm</p>	<p>Coffee/Tea Tots Sutton Family Hub 9.30am - 11.30am</p> <p>Read and Rhyme St Helens Library 10.15am</p> <p>Little Wizz Kids Parr Children's Centre 11.00am - 12.00pm</p> <p>Young Parent/Carer Group Parr Children's Centre 1.00pm - 3.00pm</p> <p>Nurture Group Newton Family Hub 1.00pm - 2.30pm</p> 	<p>Let's Get Ready for Nursery Sutton Family Hub 9.30am - 11.00am</p> <p>Fourways Children's Centre: Healthy Child Clinic 9.30am - 11.00am Sensory Baby Group 10.00am - 11.00am Summer Family Fun Day 12.30pm - 2.30pm Silent Disco 5.30pm - 8.00pm</p> <p>Read and Rhyme St Helens Library 10.15am Haydock Library 2.15pm</p> <p>Coffee/Tea Tots Parr Children's Centre 1.30pm - 2.30pm</p> <p>Sensory Baby Group Moss Bank Children's Centre 1.30pm - 2.30pm</p>	<p>Healthy Child Clinic Parr Children's Centre 9.30am - 11.30am</p> <p>Read and Rhyme Moss Bank Library Eccleston Library 10.30am Chester Lane Library Thatto Heath Library 11.00am Newton Library 2.15pm</p> <p>Little Wizz Kids Newton Family Hub 11.30am - 12.30pm</p> <p>Story Makers Haydock Library 1.30pm - 2.30pm</p> <p>Little Wizz Kids Central Link Family Hub 3.30pm - 4.30pm</p>	<p>Saturday Club (VIBE) Invite only (8-18yrs) Sutton Family Hub 9.00am - 5.00pm</p> <p>Change, Grow, Live drop-in clinic (0-18yrs) Sutton Family Hub 10.00am - 1.00pm</p> 



Week 5

ST HELENS FAMILY HUB SUMMER OFFER

Monday 22nd July -
Saturday 31st August 2024



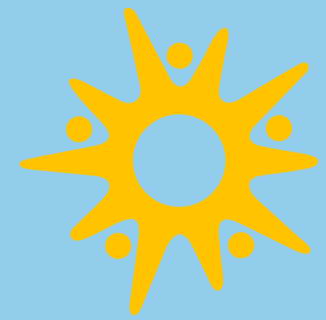
Monday 19th August	Tuesday 20th August	Wednesday 21st August	Thursday 22nd August	Friday 23rd August	Saturday 24th August
<p>Healthy Child Clinic Newton Family Hub 10.00am - 12.00pm</p> <p>Read and Rhyme Haydock Library Newton Library 10.30am</p> <p>Read and Rhyme Chester Lane Library 11.00am</p> <p>Summer Crafty Cooks (with refreshments) Newton Family Hub 11.00am - 12.00pm</p>	<p>Breakfast Club Newton Family Hub 9.30am - 11.30am</p> <p>Healthy Child Clinic Sutton Family Hub 9.30am - 11.30am</p> <p>Sensory Baby Group Sutton Family Hub 10.00am - 11.00am</p> <p>St Helens Food Pantry Sutton Family Hub 10.30am - 12.00pm</p> <p>Mini Chefs Central Link Family Hub 10.30am - 12.30pm</p> <p>Read and Rhyme Moss Bank Library 11.00am</p>	<p>Coffee/Tea Tots Sutton Family Hub 9.30am - 11.30am</p> <p>Read and Rhyme St Helens Library 10.15am</p> <p>Little Wizz Kids Parr Children's Centre 11.00am - 12.00pm</p> <p>Nurture Group Newton Family Hub 1.00pm - 2.30pm</p> <p>Young Parent/Carer Group Parr Children's Centre 1.00pm - 3.00pm</p> 	<p>Let's Get Ready for Nursery Sutton Family Hub 9.30am - 11.00am</p> <p>Fourways Children's Centre: Healthy Child Clinic 9.30am - 11.00am Sensory Baby Group 10.00am - 11.00am</p> <p>Parenting and SEND drop in Sutton Family Hub 10.00am - 11.30am</p> <p>Summer Family Fun Day Parr Children's Centre 12.00pm - 2.00pm</p> <p>Sensory Baby Group Moss Bank Children's Centre 1.30pm - 2.30pm</p> <p>Family Cinema Evening Sutton Family Hub 5.30pm - 8.00pm</p>	<p>Read and Rhyme Moss Bank Library Eccleston Library 10.30am</p> <p>Chester Lane Library Thatto Heath Library 11.00am Newton Library 2.15pm</p> <p>Little Wizz Kids Newton Family Hub 11.30am - 12.30pm</p> <p>Story Makers Haydock Library 1.30pm - 2.30pm</p> <p>Little Wizz Kids Central Link Family Hub 3.30pm - 4.30pm</p> <p>Lego Construction Club Parr Children's Centre 3.30pm - 5.00pm</p>	<p>M.A.T.CH Group (0-11yrs) (Men And Their Children) Sutton Family Hub 10.00am - 12.30pm</p> <p>Change, Grow, Live drop in clinic (0-18yrs) 10.00am - 1.00pm Sutton Family Hub</p> 






Week 6

ST HELENS FAMILY HUB SUMMER OFFER

Monday 22nd July -
Saturday 31st August 2024



Monday 26th August	Tuesday 27th August	Wednesday 28th August	Thursday 29th August	Friday 30th August	Saturday 31st August
<p>BANK HOLIDAY</p> 	<p>Breakfast Club Newton Family Hub 9.30am - 11.30am</p>	<p>Coffee/Tea Tots Sutton Family Hub 9.30am – 11.30am</p>	<p>Let's Get Ready for Nursery Sutton Family Hub 9.30am - 11.00am</p>	<p>Read and Rhyme Moss Bank Library Eccleston Library 10.30am</p>	<p>Saturday Club (VIBE) Invite only (8-18yrs) Sutton Family Hub 9.00am – 5.00pm</p>
	<p>Sutton Family Hub: Healthy Child Clinic 9.30am - 11.30am</p> <p>St Helens Food Pantry 10.30am - 12.00pm</p>	<p>Read and Rhyme St Helens Library 10.15am</p>	<p>Fourways Children's Centre: Healthy Child Clinic 9.30am - 11.00am</p> <p>Sensory Baby Group 10.00am - 11.00am</p> <p>Silent Disco 5.30pm - 8.00pm</p>	<p>Chester Lane Library Thatto Heath Library 11.00am</p>	<p>Change, Grow, Live drop-in clinic (0-18yrs) Sutton Family Hub 10.00am – 1.00pm</p>
	<p>Mini Chefs Central Link Family Hub 10.30am - 12.30pm</p>	<p>Little Wizz Kids Parr Children's Centre 11.00am - 12.00pm</p>	<p>Parenting/Teen Coffee morning (YPDAAT and TAZ) Central Link Family Hub 10.00am - 11.30am</p>	<p>Newton Library 2.15pm</p>	
	<p>Read and Rhyme Moss Bank Library 11.00am</p>	<p>Young Parent/Carer Group Parr Children's Centre 1.00pm - 3.00pm</p>	<p>Read and Rhyme St Helens Library 10.15am Haydock Library 2.15pm</p>	<p>Little Wizz Kids Newton Family Hub 11.30am - 12.30pm</p>	
	<p>Summer Family Fun Day Newton Family Hub 11.00pm - 1.00pm</p>		<p>Read and Rhyme St Helens Library 10.15am Haydock Library 2.15pm</p>	<p>Story Makers Haydock Library 1.30pm - 2.30pm</p>	
<p>Lego Construction Club Sutton Family Hub 3.30pm - 5.00pm</p>		<p>Sensory Baby Group Moss Bank Children's Centre 1.30pm - 2.30pm</p>	<p>Little Wizz Kids Central Link Family Hub 3.30pm - 4.30pm</p>		



ST HELENS FAMILY HUB SUMMER OFFER

Monday 22nd July -
Saturday 31st August 2024



All of our groups are FREE and open to all! If you have any questions relating to our sessions, please call Central Link Family Hub on 01744 673445 or Parr Children's Centre on 01744 671788. Alternatively, you can message us via our Facebook page.

Breakfast Club (0-11yrs)- A fun and interactive stay and play session with refreshments provided.

Change Grow Live drop-in clinic (0-18yrs) - Offering one to one support and advice to empower children and young people to improve their health and wellbeing.

Coffee/Tea Tots – Facilitated within our family friendly café areas where you can relax and enjoy free healthy food and drinks; toys and books are available for the little ones.

Crafty Cooks – A fun and interactive cookery session is a fun way to develop your child's fine and gross motor skills, increase their muscle strength, confidence and extend their vocabulary.

Family Cinema Evenings (Booking required) - Enjoy a free film night at our Sutton Family Hub! Open to all ages.

Food Pantry – Pantries operate as a member-led neighbourhood and are just like a shop, in that you choose the food from the shelves. Members pay a small subscription each week they visit, and in return can choose groceries worth many times more, often saving up to £1,000 a year on shopping bills.

Healthy Child Clinic – For parents/carers of 0–5-year-olds. Advice and support around weaning and diet, weight checks, sleep and behavioural concerns, signposting and referrals to other services and NHS Healthy Start Scheme.

Lego Construction Club - Join us for a family session of Lego builds and construction fun and become a family of Master Builders!

Let's Get Ready for Nursery - Fun and interactive sessions which will support you and your child to become school ready. These sessions will support your child's learning through play, extend their creative thinking as we will encourage practical tasks, e.g. putting shoes on or fastening your coat.

Little Wizz Kids - A fun, stimulating and interactive play, learning and development session. This is based on Parents as the First Teachers model and supports families to build attachment and positive parenting behaviours; strengthen parent-child interaction within the Early Home Learning Environment.

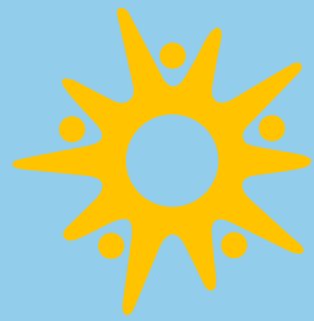
M.A.T.CH (Men And Their Children) - A bespoke group for dads/granddads, uncles, male carers and their children to communicate and enjoy quality time together to strengthen their bond. Various indoor and outdoor activities are organised with free food and refreshments provided.





ST HELENS FAMILY HUB SUMMER OFFER

Monday 22nd July -
Saturday 31st August 2024



All of our groups are FREE and open to all! If you have any questions relating to our sessions, please call Central Link Family Hub on 01744 673445 or Parr Children's Centre on 01744 671788. Alternatively, you can message us via our Facebook page.

Mini Chefs - A fun and interactive cookery session for parents/carers and children. Come along and create some tasty, healthy and nutritious meals and snacks.

Parenting and SEND drop in - Come along to our parenting drop in sessions, we can offer support with anything you may find hard, or you can just enjoy having a chat to other parents/carers, children are welcome.

Read and Rhyme – Join St Helens Library Service in the library with your child and have fun at Read and Rhyme time. You will be introduced to books, rhymes, music, and other fun activities.

Sensory Baby Group - For babies aged 0-12 months, this group will support bonding, attachment and the development of early skills for you and your child. The sessions will be fun and interactive with the children having the opportunity to learn through play.

Summer Family Fun Day (Booking required) - A free Family Fun Day, featuring circus skills, face painting, entertainment, arts and crafts, fun and games with FREE lunch and ice-cream included.

Silent Disco (Booking required) - Enjoy an evening of dancing to your favourite music at our silent disco. Open to all ages

Story Makers - A fun and stimulating, interactive reading and play session for children from new-born to starting school, Story Makers will support your child's communication, language and literacy development. This session is led by a practitioner and will be an opportunity for you to build on the fun in reading and how you can replicate this at home.

Tea and Coffee morning with YPDAAT and TAZ - Come along to our parenting group drop-in sessions we can offer support with anything you may be finding hard, or you can just enjoy having a chat to other parents/carers, children are welcome.

VIBE Saturday Club (Invite only) - A fortnightly session, activity and friendship group for young people aged between 8-18 years who have Special Educational Needs and/or Disabilities (SEND) and live within the St Helens Borough.

Young Parent/Carer Group - For parents/carers 25 years and under. Children aged 0-5 years are welcome to join in with a range of games and activities, refreshments and lunch provided. A Health Visitor will also be present for any queries.