

ST HELENS FAMILY HUB SUMMER OFFER

Monday 22nd July -Saturday 31st August 2024



BOROUGH COUNCIL

Monday 22nd July	Tuesday 23rd July	Wednesday 24th July	Thursday 25th July	Friday 26th July	Saturday 27th July
Healthy Child Clinic	Breakfast Club	Coffee/Tea Tots	Let's Get Ready for Nursery	Healthy Child Clinic Parr Children's Centre	Parents In Mind
Newton Family Hub 10.00am - 12.00pm	Newton Family Hub 9.30am - 11.30am	Sutton Family Hub 9.30am – 11.30am	Sutton Family Hub 9.30am - 11.00am	9.30am - 11.30am	Sutton Family Hub 9.00am – 12.00pm
	Sutton Family Hub:	Summer Crafty Cooks	Fourways Children's Centre:	Read and Rhyme	M.A.T.CH Group (0-11y
	Healthy Child Clinic	(with refreshments)	Healthy Child Clinic	Moss Bank and	(Men And Their Childre
Read and Rhyme	9.30am - 11.30am	Newton Family Hub	9.30am - 11.00am Sensory Baby Group	Eccleston Library 10.30am Chester Lane and	Sutton Family Hub
Haydock Library	Sensory Baby Group	10.00am - 12.00pm	10.00am - 11.00am	Thatto Heath Library 11.00am	10.00am – 12.30pm
Newton Library	10.00am - 11.00am		10.00am - 11.00am	Newton Library	
10.30am	St Helens Food Pantry	Read and Rhyme	Read and Rhyme	2.15pm	Change, Grow, Live
	10.30am - 12.00pm	St Helens Library	St Helens Library		drop in clinic (0-18yrs
		10.15am	10.15am	Little Wizz Kids	10.00am - 1.00pm
	Mini Chefs		Haydock Library	Newton Family Hub	Sutton Family Hub
Read and Rhyme	Central Link Family Hub	Little Wizz Kids	2.15pm	11.30am - 12.30pm	
Chester Lane Library 11.00am	10.30am - 12.30pm	Parr Children's Centre			
TT.OOam	Read and Rhyme	11.00am - 12.00pm	Coffee/Tea Tots Parr Children's Centre	Summer Family Fun Day Sutton Family Hub	
	Moss Bank Library	Nurture Tiki Party	1.30pm - 2.30pm	12.00pm - 2.00pm	
	11.00am	(with refreshments)	1.30pm - 2.30pm	12.00pm - 2.00pm	0
	11.000	Newton Family Hub	Sensory Baby Group	Story Makers	
Summer Crafty Cooks	Summer Crafty Cooks	1.00pm - 2.30pm	Moss Bank Children's Centre	Haydock Library	
(with refreshments)	(with refreshments)		1.30pm - 2.30pm	1.30pm - 2.30pm	
Newton Family Hub	Parr Children's Centre	Young Parent/Carer Group			
11.00am - 1.00pm	2.00pm - 4.00pm	Parr Children's Centre	Family Cinema Evening	Little Wizz Kids	
		1.00pm - 3.00pm	Sutton Family Hub	Central Link Family Hub	
			5.30pm - 8.00pm	3.30pm - 4.30pm	

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ST HELENS FAMILY HUB

Monday 22nd July -Saturday 31st August 2024



Monday 29th July	Tuesday 30th July	Wednesday 31st July	Thursday 1st August	Friday 2nd August	Saturday 3rd Augus
Healthy Child Clinic Newton Family Hub 10.00am - 12.00pm	Breakfast Club Newton Family Hub 9.30am - 11.30am	Coffee/Tea Tots Sutton Family Hub 9.30am – 11.30am	Let's Get Ready for Nursery Sutton Family Hub 9.30am - 11.00am	Healthy Child Clinic Parr Children's Centre 9.30am - 11.30am	Saturday Club (VIBE Invite only (8-18yrs Sutton Family Hub
Read and Rhyme Haydock Library Newton Library 10.30am	Healthy Child Clinic Sutton Family Hub 9.30am - 11.30am Sensory Baby Group	Healthy Child Clinic (Appointment only) Moss Bank Children's Centre 9.30am – 11.30am Read and Rhyme	Fourways Children's Centre: Healthy Child Clinic 9.30am - 11.00am Sensory Baby Group 10.00am - 11.00am Silent Disco 5.30pm - 8.00pm	Read and Rhyme Moss Bank and Eccleston Library 10.30am Chester Lane and Thatto Heath Library 11.00am Newton Library 2.15pm	9.00am – 5.00pm Change, Grow, Liv drop in clinic (0-18y Sutton Family Hub 10.00am – 1.00pm
Read and Rhyme Chester Lane Library 11.00am	Sutton Family Hub 10.00am - 11.00am St Helens Food Pantry Sutton Family Hub	St Helens Library 10.15am Little Wizz Kids Parr Children's Centre	Parenting/Emotional Well-Being Coffee Morning Central Link Family Hub 10.00am - 11.30am	Little Wizz Kids Newton Family Hub 11.30am - 12.30pm	
Summer Crafty Cooks (with refreshments) Newton Family Hub	10.30am - 12.00pm Mini Chefs Central Link Family Hub	11.00am - 12.00pm Young Parent/Carer Group Parr Children's Centre	Read and Rhyme St Helens Library 10.15am Haydock Library 2.15pm	Summer Family Fun Day Moss Bank Children's Centre 12.30pm - 2.30pm	
11.00am - 12.00pm	10.30am - 12.30pm	1.00pm - 3.00pm	Sensory Baby Group Moss Bank Children's Centre 1.30pm - 2.30pm	Story Makers Haydock Library 1.30pm - 2.30pm	
	Read and Rhyme Moss Bank Library 11.00am	Nurture Group Newton Family Hub 1.00pm - 2.30pm	Lego Construction Club Newton Family Hub 3.30pm - 5.00pm	Little Wizz Kids Central Link Family Hub 3.30pm - 4.30pm	



Week 3

ST HELENS FAMILY HUB

Monday 22nd July -Saturday 31st August 2024



Monday 5th August

Healthy Child Clinic Newton Family Hub 10.00am - 12.00pm

Read and Rhyme Haydock Library Newton Library 10.30am

Read and Rhyme Chester Lane Library 11.00am

Summer Crafty Cooks (with refreshments) Newton Family Hub 11.00am - 12.00pm

Family Hub

Tuesday 6th August

Breakfast Club Newton Family Hub 9.30am - 11.30am

Sutton Family Hub: Healthy Child Clinic 9.30am - 11.30am Sensory Baby Group 10.00am - 11.00am St Helens Food Pantry 10.30am - 12.00pm

Mini Chefs Central Link Family Hub 10.30am - 12.30pm

Read and Rhyme Moss Bank Library 11.00am

Lego Construction Club Thatto Heath Children's Centre 3.30pm - 5.00pm

Wednesday 7th August

Coffee/Tea Tots Sutton Family Hub 9.30am – 11.30am

Read and Rhyme St Helens Library 10.15am

Summer Family Fun Day Central Link Family Hub 10.30am - 12:30pm

Little Wizz Kids Parr Children's Centre 11.00am - 12.00pm

Young Parent/Carer Group Parr Children's Centre 1.00pm - 3.00pm

> Nurture Group Newton Family Hub 1.00pm - 2.30pm

Thursday 8th August

Let's Get Ready for Nursery Sutton Family Hub 9.30am - 11.00am

Fourways Children's Centre: Healthy Child Clinic 9.30am - 11.00am Sensory Baby Group 10.00am - 11.00am

Parenting Coffee Morning Newton Family Hub 10.00am - 11.30am

Read and Rhyme St Helens Library 10.15am Haydock Library 2.15pm

Coffee/Tea Tots Parr Children's Centre 1.30pm - 2.30pm

Sensory Baby Group Moss Bank Children's Centre 1.30pm - 2.30pm

Family Cinema Evening Sutton Family Hub 5.30pm - 8.00pm

Friday 9th August

Healthy Child Clinic Parr Children's Centre 9.30am - 11.30am

Read and Rhyme Moss Bank Library Eccleston Library 10.30am Chester Lane Library Thatto Heath Library 11.00am Newton Library 2.15pm

Little Wizz Kids Newton Family Hub 11.30am - 12.30pm

> Story Makers Haydock Library 1.30pm - 2.30pm

Little Wizz Kids Central Link Family Hub 3.30pm - 4.30pm

Saturday 10th August

M.A.T.CH Group (0-11yrs) (Men And Their Children) Sutton Family Hub 10.00am – 12.30pm

Change, Grow, Live drop in clinic (0-18yrs) 10.00am - 1.00pm Sutton Family Hub



ST HELENS BOROUGH COUNCIL



Family Hub

Week 4

ST HELENS FAMILY HUB

Monday 22nd July -Saturday 31st August 2024



Monday 12th August	Tuesday 13th August	Wednesday 14th August	Thursday 15th August	Friday 16th August	Saturday 17th August
Healthy Child Clinic	Breakfast Club	Coffee/Tea Tots	Let's Get Ready for Nursery	Healthy Child Clinic	Saturday Club (VIBE)
Newton Family Hub	Newton Family Hub	Sutton Family Hub	Sutton Family Hub	Parr Children's Centre	Invite only (8-18yrs)
10.00am - 12.00pm	9.30am - 11.30am	9.30am – 11.30am	9.30am - 11.00am	9.30am - 11.30am	Sutton Family Hub 9.00am – 5.00pm
Read and Rhyme	Sutton Family Hub:	Read and Rhyme	Fourways Children's Centre:	Read and Rhyme	· · · ·
Haydock Library	Healthy Child Clinic	St Helens Library	Healthy Child Clinic	Moss Bank Library	Change, Grow, Live
Newton Library	9.30am - 11.30am	10.15am	9.30am - 11.00am	Eccleston Library	drop-in clinic (0-18yrs
10.30am	Sensory Baby Group		Sensory Baby Group	10.30am	Sutton Family Hub
Chester Lane Library	10.00am - 11.00am	Little Wizz Kids	10.00am - 11.00am	Chester Lane Library	10.00am – 1.00pm
11.00am	St Helens Food Pantry	Parr Children's Centre	Summer Family Fun Day	Thatto Heath Library	
	10.30am - 12.00pm	11.00am - 12.00pm	12.30pm - 2.30pm	11.00am	
Summer Family Fun Day			Silent Disco	Newton Library	
Thatto Heath Children's	Mini Chefs	Young Parent/Carer Group	5.30pm - 8.00pm	2.15pm	
Centre	Central Link Family Hub	Parr Children's Centre			
11.00am - 1.00pm	10.30am - 12.30pm	1.00pm - 3.00pm	Read and Rhyme	Little Wizz Kids	-1
			St Helens Library 10.15am	Newton Family Hub	
Summer Crafty Cooks			Haydock Library 2.15pm	11.30am - 12.30pm	
(with refreshments)	Read and Rhyme	Nurture Group			m m
Newton Family Hub	Moss Bank Library	Newton Family Hub	Coffee/Tea Tots	Story Makers	· · · · · · · · ·
11.00am - 12.00pm	11.00am	1.00pm - 2.30pm	Parr Children's Centre	Haydock Library	e · · · · ·
			1.30pm - 2.30pm	1.30pm - 2.30pm	
	Lego Construction Club		Sensory Baby Group	Little Wizz Kids	
	Fourways Children's Centre		Moss Bank Children's Centre	Central Link Family Hub	
	3.30pm - 5.00pm		1.30pm - 2.30pm	3.30pm - 4.30pm	



Family Hub

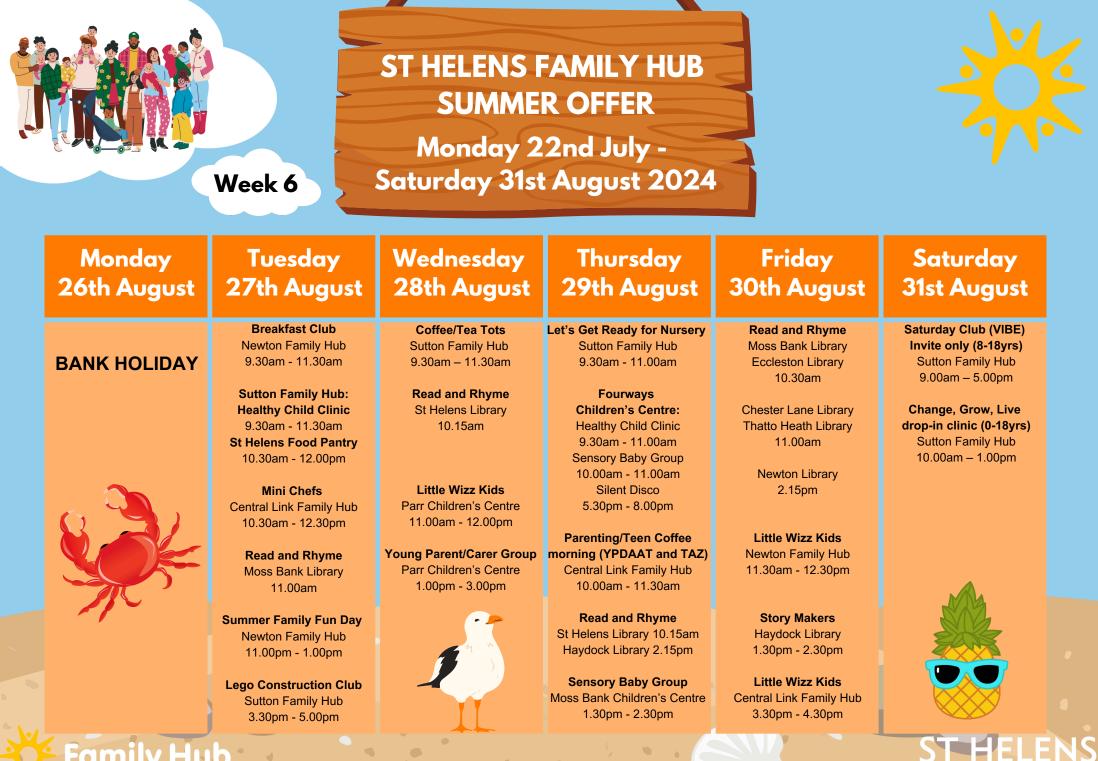
Week 5

ST HELENS FAMILY HUB SUMMER OFFER

Monday 22nd July -Saturday 31st August 2024



Breakfast Club Newton Family Hub 9.30am - 11.30am Healthy Child Clinic Sutton Family Hub 9.30am - 11.30am Sensory Baby Group Sutton Family Hub 10.00am - 11.00am	Coffee/Tea Tots Sutton Family Hub 9.30am – 11.30am Read and Rhyme St Helens Library 10.15am Little Wizz Kids Parr Children's Centre 11.00am - 12.00pm	Let's Get Ready for Nursery Sutton Family Hub 9.30am - 11.00am Fourways Children's Centre: Healthy Child Clinic 9.30am - 11.00am Sensory Baby Group 10.00am - 11.00am Parenting and SEND drop in	Read and Rhyme Moss Bank Library Eccleston Library 10.30am Chester Lane Library Thatto Heath Library 11.00am Newton Library 2.15pm	M.A.T.CH Group (0-11yrs (Men And Their Children) Sutton Family Hub 10.00am – 12.30pm Change, Grow, Live drop in clinic (0-18yrs) 10.00am - 1.00pm Sutton Family Hub
9.30am - 11.30am Healthy Child Clinic Sutton Family Hub 9.30am - 11.30am Gensory Baby Group Sutton Family Hub	9.30am – 11.30am Read and Rhyme St Helens Library 10.15am Little Wizz Kids Parr Children's Centre	9.30am - 11.00am Fourways Children's Centre: Healthy Child Clinic 9.30am - 11.00am Sensory Baby Group 10.00am - 11.00am	Eccleston Library 10.30am Chester Lane Library Thatto Heath Library 11.00am Newton Library 2.15pm	Sutton Family Hub 10.00am – 12.30pm Change, Grow, Live drop in clinic (0-18yrs) 10.00am - 1.00pm
Sutton Family Hub 9.30am - 11.30am Sensory Baby Group Sutton Family Hub	St Helens Library 10.15am Little Wizz Kids Parr Children's Centre	Healthy Child Clinic 9.30am - 11.00am Sensory Baby Group 10.00am - 11.00am	Chester Lane Library Thatto Heath Library 11.00am Newton Library 2.15pm	Change, Grow, Live drop in clinic (0-18yrs) 10.00am - 1.00pm
9.30am - 11.30am Sensory Baby Group Sutton Family Hub	10.15am Little Wizz Kids Parr Children's Centre	9.30am - 11.00am Sensory Baby Group 10.00am - 11.00am	11.00am Newton Library 2.15pm	drop in clinic (0-18yrs) 10.00am - 1.00pm
ensory Baby Group Sutton Family Hub	Little Wizz Kids Parr Children's Centre	Sensory Baby Group 10.00am - 11.00am	Newton Library 2.15pm	10.00am - 1.00pm
Sutton Family Hub	Parr Children's Centre	10.00am - 11.00am	2.15pm	· · · · · · · · · · · · · · · · · · ·
Sutton Family Hub	Parr Children's Centre		· · ·	Sutton Family Hub
		Paranting and SEND drap in		
10.00am - 11.00am	11.00am - 12.00pm	Derepting and SEND drop in		
			Little Wizz Kids	
		Sutton Family Hub 10.00am - 11.30am	Newton Family Hub	
Helens Food Pantry	Nurture Group	10.00am - 11.30am	11.30am - 12.30pm	
Sutton Family Hub	Newton Family Hub	Summer Family Fun Day	a	
10.30am - 12.00pm	1.00pm - 2.30pm	Parr Children's Centre	Story Makers	
Mini Chafa			Haydock Library	
	. .	12.00pm 2.00pm	1.30pm - 2.30pm	
•		Sensory Baby Group	Little Wizz Kide	
10.00am - 12.00pm	1.00pm - 3.00pm	Moss Bank Children's Centre		
Read and Rhyme	36	1.30pm - 2.30pm	-	
11.00am		Family Cinema Evening	Lego Construction Club	7
		-	Parr Children's Centre	
		5.30pm - 8.00pm	3.30pm - 5.00pm	
1 F	Mini Chefs htral Link Family Hub 0.30am - 12.30pm Read and Rhyme Moss Bank Library 11.00am	Arral Link Family Hub 0.30am - 12.30pm Read and Rhyme Moss Bank Library	Intral Link Family Hub 0.30am - 12.30pmParr Children's Centre 1.00pm - 3.00pmSensory Baby Group Moss Bank Children's Centre 1.30pm - 2.30pmRead and Rhyme Moss Bank LibraryImage: Control of the sensory Baby Group Moss Bank Children's Centre 1.30pm - 2.30pm	Initial Link Family Hub Parr Children's Centre 0.30am - 12.30pm 1.00pm - 3.00pm Read and Rhyme Sensory Baby Group Moss Bank Library 11.00am 11.00am Family Cinema Evening Sutton Family Hub 5.20pm - 8.00pm Little Wizz Kids Central Link Family Hub Assessed and Rhyme Moss Bank Library 11.00am



Family Hub



ST HELENS FAMILY HUB

Monday 22nd July -Saturday 31st August 2024



BOROUGH COUNCIL

All of our groups are FREE and open to all! If you have any questions relating to our sessions, please call Central Link Family Hub on 01744 673445 or Parr Children's Centre on 01744 671788. Alternatively, you can message us via our Facebook page.

Breakfast Club (0-11yrs)- A fun and interactive stay and play session with refreshments provided.

Change Grow Live drop-in clinic (0-18yrs) - Offering one to one support and advice to empower children an young people to improve their health and wellbeing.

Coffee/Tea Tots - Facilitated within our family friendly café areas where you can relax and enjoy free healthy food and drinks; toys and books are available for the little ones.

Crafty Cooks - A fun and interactive cookery session is a fun way to develop your child's fine and gross motor skills, increase their muscle strength, confidence and extend their vocabulary.

Family Cinema Evenings (Booking required) - Enjoy a free film night at our Sutton Family Hub! Open to all ages.

Food Pantry – Pantries operate as a member-led neighbourhood and are just like a shop, in that you choose the food from the shelves. Members pay a small subscription each week they visit, and in return can choose groceries worth many times more, often saving up to £1,000 a year on shopping bills.

Healthy Child Clinic – For parents/carers of 0–5-year-olds. Advice and support around weaning and diet, weight checks, sleep and behavioural concerns, signposting and referrals to other services and NHS Healthy Start Scheme.

Lego Construction Club - Join us for a family session of Lego builds and construction fun and become a family of Master Builders!

Let's Get Ready for Nursery - Fun and interactive sessions which will support you and your child to become school ready. These sessions will support your child's learning through play, extend their creative thinking as we will encourage practical tasks, e.g. putting shoes on or fastening your coat.

Little Wizz Kids - A fun, stimulating and interactive play, learning and development session. This is based on Parents as the First Teachers model and supports families to build attachment and positive parenting behaviours; strengthen parent-child interaction within the Early Home Learning Environment.

M.A.T.CH (Men And Their Children) - A bespoke group for dads/grandads, uncles, male carers and their children to communicate and enjoy quality time together to strengthen their bond. Various indoor and outdoor activities are organised with free food and refreshments provided.

Family Hub



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BOROUGH COUNCIL

All of our groups are FREE and open to all! If you have any questions relating to our sessions, please call Central Link Family Hub on 01744 673445 or Parr Children's Centre on 01744 671788. Alternatively, you can message us via our Facebook page.

Mini Chefs - A fun and interactive cookery session for parents/carers and children. Come along and create some tasty, healthy and nutritious meals and snacks.

Parenting and SEND drop in - Come along to our parenting drop in sessions, we can offer support with anything you may finding hard, or you can just enjoy having a chat to other parents/carers, children are welcome.

Read and Rhyme – Join St Helens Library Service in the library with your child and have fun at Read and Rhyme time. You will be introduced to books, rhymes, music, and other fun activities.

Sensory Baby Group - For babies aged 0-12 months, this group will support bonding, attachment and the development of early skills for you and your child. The sessions will be fun and interactive with the children having the opportunity to learn through play.

Summer Family Fun Day (Booking required) - A free Family Fun Day, featuring circus skills, face painting, entertainment, arts and crafts, fun and games with FREE lunch and ice-cream included.

Silent Disco (Booking required) - Enjoy an evening of dancing to your favourite music at our silent disco. Open to all ages

Story Makers - A fun and stimulating, interactive reading and play session for children from new-born to starting school, Story Makers will support your child's communication, language and literacy development. This session is led by a practitioner and will be an opportunity for you to build on the fun in reading and how you can replicate this at home.

Tea and Coffee morning with YPDAAT and TAZ - Come along to our parenting group drop-in sessions we can offer support with anything you may be finding hard, or you can just enjoy having a chat to other parents/carers, children are welcome.

VIBE Saturday Club (Invite only) - A fortnightly session, activity and friendship group for young people aged between 8-18 years who have Special Educational Needs and/or Disabilities (SEND) and live within the St Helens Borough.

Young Parent/Carer Group - For parents/carers 25 years and under. Children aged 0-5 years are welcome to join in with a range of games and activities, refreshments and lunch provided. A Health Visitor will also be present for any queries.

Family Hub