



| Class   | Rowan                                 |
|---------|---------------------------------------|
| Subject | Nurture Feelings through Poetry       |
| Торіс   | My Heart is a Poem by Various Authors |
| Term    | Summer 1                              |

## Sequence of lessons – Objectives to be met

| Lesson 1 | I can listen to a poem read aloud by an adult.                          |  |  |  |  |  |  |  |
|----------|---|--|--|--|--|--|--|--|
|          | I can take part in a group discussion about the poem and the feeling of |  |  |  |  |  |  |  |
|          | happiness.  |  |  |  |  |  |  |  |
|          | I can follow a set of instructions to make playdough.                   |  |  |  |  |  |  |  |
|          | I can use playdough to show one think that makes me feel happy.         |  |  |  |  |  |  |  |
| Lesson 2 | I can listen to a poem read aloud by an adult.                          |  |  |  |  |  |  |  |
|          | I can take part in a group discussion about the poem and the feeling of |  |  |  |  |  |  |  |
|          | anger.  |  |  |  |  |  |  |  |
|          | Using the volcano analogy, I can show how my body feels when I am       |  |  |  |  |  |  |  |
|          | feeling calm and when I am angry.                                       |  |  |  |  |  |  |  |
| Lesson 3 | I can listen to a poem read aloud by an adult.                          |  |  |  |  |  |  |  |
|          | I can take part in a group discussion about the poem.                   |  |  |  |  |  |  |  |
|          | I can create a picture to show what people, memories, activities, and   |  |  |  |  |  |  |  |
|          | objects make me feel loved.   |  |  |  |  |  |  |  |
| Lesson 4 | I can listen to a poem read aloud by an adult.                          |  |  |  |  |  |  |  |
|          | I can take part in a group discussion about the poem and the feeling of |  |  |  |  |  |  |  |
|          | sadness.  |  |  |  |  |  |  |  |
|          | I can work as a group to create a mind map showing how sadness feels,   |  |  |  |  |  |  |  |
|          | using the five senses.  |  |  |  |  |  |  |  |
| Lesson 5 | I can listen to a poem read aloud by an adult.                          |  |  |  |  |  |  |  |
|          | I can take part in a group discussion about the poem and the feeling of |  |  |  |  |  |  |  |
|          | excitement.   |  |  |  |  |  |  |  |
|          | I can draw a picture to show what makes me feel excited.                |  |  |  |  |  |  |  |
|          | I can talk about my picture and explain why this makes me feel excited. |  |  |  |  |  |  |  |
| Lesson 6 | I can talk about the different feelings/emotions we have looked at.     |  |  |  |  |  |  |  |
|          | I can say which poem is my favourite and explain why.                   |  |  |  |  |  |  |  |
|          | I can create a piece of artwork to show how different things make me    |  |  |  |  |  |  |  |
|          | feel.   |  |  |  |  |  |  |  |
|          |   |  |  |  |  |  |  |  |

## **Boxall Strand Focus**

| Boxall<br>Cluster         | Orga                       | inisati                     | on of e                 | experi                       | ence               | Internalisation of controls |                   |                       |                         |                        |            | lf -<br>ting  | Undeveloped<br>Behaviour     |                           |                    | Unsupported Development    |                        |                    |                      |                          |
|---------------------------|----------------------------|-----------------------------|-------------------------|------------------------------|--------------------|-----------------------------|-------------------|-----------------------|-------------------------|------------------------|------------|---------------|------------------------------|---------------------------|--------------------|----------------------------|------------------------|--------------------|----------------------|--------------------------|
|                           | Α                          | В                           | С                       | D                            | Е                  | F                           | G                 | Н                     | -                       | J                      | Q          | R             | S                            | Т                         | U                  | V                          | W                      | Х                  | Y                    | Ζ                        |
| Boxall<br>Sub-<br>cluster | Gives purposeful attention | Participates constructively | Connects up experiences | Shows insightful involvement | Engages with peers | is emotionally secure       | Biddable, accepts | Accommodates to other | Responds constructively | Internalised standards | Disengaged | Self-Negating | Undifferentiated attachments | Inconsequential behaviour | Craves reassurance | Avoids/rejects attachments | Insecure sense of self | Negativism to self | Negativism to others | Wants, grabs, disregards |
| Lesson                    |                            |                             |                         |                              |                    |                             |                   |                       |                         |                        |            |               |                              |                           |                    |                            |                        |                    |                      |                          |
| 1                         |                            |                             |                         |                              |                    |                             |                   |                       |                         |                        |            |               |                              |                           |                    |                            |                        |                    |                      |                          |
| Focus                     |                            |                             |                         |                              |                    |                             |                   |                       |                         |                        |            |               |                              |                           |                    |                            |                        |                    |                      |                          |
| Lesson                    |                            |                             |                         |                              |                    |                             |                   |                       |                         |                        |            |               |                              |                           |                    |                            |                        |                    |                      |                          |
| 2                         |                            |                             |                         |                              |                    |                             |                   |                       |                         |                        |            |               |                              |                           |                    |                            |                        |                    |                      |                          |
| Focus                     |                            |                             |                         |                              |                    |                             |                   |                       |                         |                        |            |               |                              |                           |                    |                            |                        |                    |                      |                          |
| Lesson                    |                            |                             |                         |                              |                    |                             |                   |                       |                         |                        |            |               |                              |                           |                    |                            |                        |                    |                      |                          |
| 3                         |                            |                             |                         |                              |                    |                             |                   |                       |                         |                        |            |               |                              |                           |                    |                            |                        |                    |                      |                          |
| Focus                     |                            |                             |                         |                              |                    |                             |                   |                       |                         |                        |            |               |                              |                           |                    |                            |                        |                    |                      |                          |
| Lesson                    |                            |                             |                         |                              |                    |                             |                   |                       |                         |                        |            |               |                              |                           |                    |                            |                        |                    |                      |                          |
| 4<br>5.0000               |                            |                             |                         |                              |                    |                             |                   |                       |                         |                        |            |               |                              |                           |                    |                            |                        |                    |                      |                          |
| Focus                     |                            |                             |                         |                              |                    |                             |                   |                       |                         |                        |            |               |                              |                           |                    |                            |                        |                    |                      |                          |
| Lesson<br>5               |                            |                             |                         |                              |                    |                             |                   |                       |                         |                        |            |               |                              |                           |                    |                            |                        |                    |                      |                          |
| Focus                     |                            |                             |                         |                              |                    |                             |                   |                       |                         |                        |            |               |                              |                           |                    |                            |                        |                    |                      |                          |
| Lesson                    |                            |                             |                         |                              |                    |                             |                   |                       |                         |                        |            |               |                              |                           |                    |                            |                        |                    |                      |                          |
| 6                         |                            |                             |                         |                              |                    |                             |                   |                       |                         |                        |            |               |                              |                           |                    |                            |                        |                    |                      |                          |
| Focus                     |                            |                             |                         |                              |                    |                             |                   |                       |                         |                        |            |               |                              |                           |                    |                            |                        |                    |                      |                          |