



Quality of Education



Class	Rowan
Subject	Nurture – Positivity and Growth Mindset
Topic	After the Fall by Dan Santat
Term	Spring 2

Sequence of lessons – Objectives to be met

Lesson 1	I can listen to a story read aloud by an adult and take part in a group discussion about the story. I can say one thing I liked about the story and say why.
Lesson 2	I understand what mindset means. I can identify the difference between a growth mindset and fixed mindset and identify ways the main character showed these in the story.
Lesson 3	I can think positively about myself.
Lesson 4	I know how fear and anxiety can make my body feel. I can talk about what the main character's fears and worries were in the story.
Lesson 5	I can say something I am scared or worried about. I understand that it is ok to feel scared and worried and I can talk about ways we can overcome them.
Lesson 6	I can follow a set of instruction to make Easter cakes. I can share equipment and work alongside others. I can accept help from adults. I can talk about how we can stay hygienic whilst using food.

