

Class	Oak
Subject	PSHE
Topic	Safety first
Term	Spring 1 st half

Sequence of lessons – Objectives to be met

Lesson 1 New responsibilities	Children will: <ul style="list-style-type: none"> Name some things I can now do independently. Discuss my responsibilities. Identify who is responsible for helping to keep me safe and healthy
Lesson 2 Risk, hazards and danger	Children will: <ul style="list-style-type: none"> Understand that in life we need to take some risks but that other risks are dangerous. Understand the terms 'risk', 'hazard' and 'danger'. Explain how to get help in a risky or dangerous situation.
Lesson 3 Under pressure	Children will: <ul style="list-style-type: none"> Explain what a dare is. Recognise when I am being pressured into doing something. Know how to get help if I am being pressured into doing something I don't feel comfortable with.
Lesson 4 Out and about	Children will: <ul style="list-style-type: none"> Know the dangers we might encounter when out and about. List things we have in place to keep us safe in the local environment. Can advise others on how to keep safe when out and about
Lesson 5 Dangerous substances	Children will: <ul style="list-style-type: none"> Understand what drugs, cigarettes and alcohol are. Understand the impact drugs, cigarettes and alcohol have on the body. Understand the dangers of drugs, cigarettes and alcohol.
Lesson 6 Injuries and emergencies	Children will: <ul style="list-style-type: none"> Identify hazards and dangers in emergency situations. Know ways to make myself and others safe in emergency situations. Advise others on how to give first aid.