



Quality of Education



Class	Oak
Subject	PSHE
Topic	VIP
Term	Summer 2nd half

Sequence of lessons – Objectives to be met

Lesson 1 People we love	Children will: <ul style="list-style-type: none">• Identify the features of positive family life.• Show loving actions to other people.• Understand ways to access support if a relationship ever makes me feel unhappy or unsafe.
Lesson 2 Think before you act	Children will: <ul style="list-style-type: none">• Understand the consequences of unkind behaviour.• Try out techniques for calming down and identify which work best for me.
Lesson 3 It's OK to disagree	Children will: <ul style="list-style-type: none">• Express an opinion while being polite and respectful.• Work with others to explore ways to resolve a disagreement without falling out.
Lesson 4 You Decide	Children will: <ul style="list-style-type: none">• Identify the different influences in my life and understand that some of them are good and some are bad.• Suggest techniques to use if I am feeling under pressure to behave in a way that is not good for me.
Lesson 5 Secrets	Children will: <ul style="list-style-type: none">• Explain when it is right to keep a secret, when it is not and who to talk to about this.• Identify times when it is appropriate to share a VIP's secret.
Lesson 6 False Friends	Children will: <ul style="list-style-type: none">• Spot signs of an unhealthy relationship.• Suggest different ways to end a relationship if necessary.