## #Hello Yellow

October is recognised as Mental Health Awareness Month. At PACE we believe it is very important that all of our children are aware of what mental health is and how it can affect us in school and at home.

As a result of the current pandemic, lockdown is having a devastating effect on people's mental health. We all understand it has been unbelievable hard, but together we can help make a difference.

On Friday 9<sup>th</sup> October, we all came into school wearing something yellow and made donations to Young Minds. This is a charity that helps to support young people's mental health.

Around PACE there were many different activities going in each classroom. From designing your own super hero, watching Disney's Inside Out and discussing our emotions to making happiness biscuits.

Take a look at some of activities that went on...











