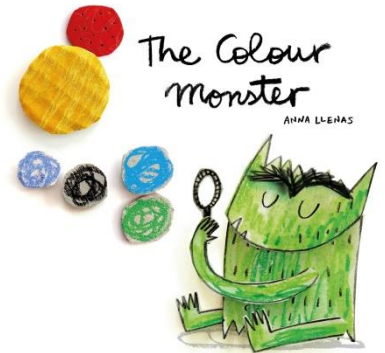


Recovery Curriculum- Cherry Class

WELCOME BACK! The children in Cherry Class have made an excellent start to the year by returning to school in a positive way. They have been very enthusiastic and have shown us that they are happy to be back. As a service we believe it is very important for all of our children to experience a nurturing recovery curriculum in order to support our pupil's return.

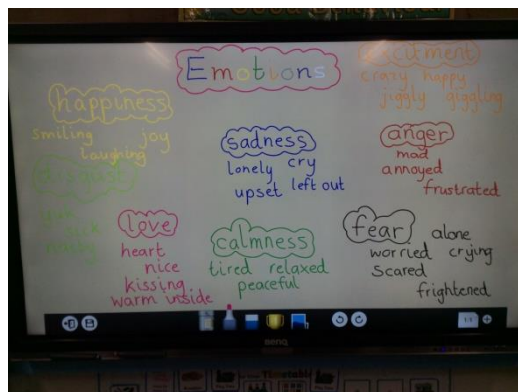
In Cherry Class we have been focusing on the book 'The Colour Monster', which is a story about our emotions/feelings, what different emotions there are and what each of them mean through different colours. We have had lots of conversations about what feelings and emotions are and when we have experienced them.



Our feelings jar - when the children are feeling happy, excited, calm, sad, frustrated, angry or worried the children can write their name on the respective colour and pop it in the jar.



Each morning the children stick their picture in the jar that they are feeling.



After reading the story we discussed what different feelings we can have and what colour we would represent them with.

We have also discussed how we can make ourselves feel better if we are feeling frustrated, angry, worried or sad. Each child has their own 'squishy' colour monster to look after and decorate a box/home where their squishy sleeps when they are not being used. They can use their squishy to help them feel calm and focused when working.



We have had lots of group discussions about the lockdown and how it has made us feel. The children came up with many ways that can help to keep us all safe. We have worked really hard on coming back together after the long break and working together as a team.

All of Cherry class have had many positive things to say since returning to PACE;

"My squishy helps me when I feel fidgety."

"I enjoyed the story because it showed us different feelings and we were able to talk about them."