

Carol Dweck and Growth Mindset Research

The founder of the term growth mindset is Carol Dweck. Carry out some research about her and find out about her work. Also, find out what a growth mindset actually is.

Carol Dweck and her work on Growth Mindset

What is a growth mindset?

This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).