

Progressive Sports Visit

Progressive Sports are an association that have teamed up with ViaVita Health. They have devised a programme that gives children strategies to deal with mental health and improve their wellbeing.

Their programme focuses on **resilience**, **problem solving**, **team work**, **growth mindset** and **physical activity**.

Progressive Sports take a whole school approach to mental health and wellbeing.

At PACE we believe it is vitally important to provide children with the opportunity to develop and enhance their wellbeing. When Progressive Sports visited on Tuesday 25th February 2020, they worked with different groups of children across the school to help develop their wellbeing. At the beginning of the sessions the leader had a short discussion about we are going to complete a variety of activities in order to benefit our decision making skills, anger management skills and improve our mental health. Different groups of children were given the opportunity to complete different activities, in pairs, that required team work, physical strength and mental resilience.

Every child was very enthusiastic, got involved with all of the activities and worked together.





For more information about progressive sports and their work you can visit: <https://progressive-sports.co.uk/>



THE PS FACTOR

OUR COMPANY STANDARDS

These are the standards that all our staff and franchisees live by.

 SAFETY	 PRIDE	 CARE	 PERFORM
I value the SAFETY and welfare of children above all else through effective behaviour management and following correct safeguarding and company procedures.	I take PRIDE in the work I do acting with the utmost integrity, trust, honesty and passion. I'm proud to be part of a team and understand how I fit into the company's long-term vision.	I CARE for the customer by going above and beyond expectations and becoming irreplaceable as a result.	I PERFORM my role to inspire, engage, empower and encourage children to lead an active and healthy lifestyle.

