

Anti-Bullying Week

From 11th November - 15th November 2019 many schools across England will be completing activities about anti-bullying. This year's Anti-Bullying Week has the theme 'Change Starts with Us'.

Throughout PACE we have completed a variety of activities and discussions to explain the importance of bullying in and out of school. The children discussed online safety, how to be a good friend and what I should do if I think I or another person is being bullied - who should I talk to? Some of the children made their own anti-bullying pledges which have been displayed around school.

Alongside in-class activities the children had a different dinner time discussion relating to anti-bullying. The children were always fully engaged with all the different activities and gave many positive contributions to the conversations. All the children benefitted from the emphasis on anti-bullying and have been trying really hard to develop new friendships and talk to adults.



Anti-Bullying Week: 'Change starts with us'



Anti-Bullying Week is taking place from Monday 11 to Friday 15 November and this year the theme is 'change starts with us'.

Children have been sharing what they want to change - a new poll suggests that many miss school and avoid spending time with friends to escape bullying.

Nearly one child in every classroom say they are bullied every day. One in ten children said they have missed school due to bullying.

The Anti-Bullying Alliance worked with 1,000 children to choose this year's theme of 'change starts with us'. It was picked in order to promote the idea of working together to challenge bullying, to help people to start a conversation about it, and to help put an end to bullying altogether.

Children highlighted where they thought change should start, saying that social media and gaming platforms should do more to change the way they address bullying, also saying their schools should do more.

More than four in ten children say that the media and influencers have the power to reduce bullying.

Lots of events will be taking place in schools across the UK to mark the week.

On Tuesday 12 November, lots of children will be wearing odd socks to raise awareness of the campaign.

The idea behind this is that it celebrates the fact that everybody is unique and different.

